

GO FOR THE GOLD
“Recover from Injuries”
August 31, 2008

Injuries are a part of all sporting events, including the Olympic games.
I hate to admit it, but injuries are a part of church events, too.

1. *Remember the Witnesses*
2. *Remove Any Hindrances*
3. *Run with Perseverance*
4. *Reach for the Goal*
5. *Respect Divine Discipline*

Hebrews 12:12–13

¹²So take a new grip with your tired hands and stand firm on your shaky legs. ¹³Mark out a straight path for your feet. Then those who follow you, though they are weak and lame, will not stumble and fall but will become strong. (NLT)

¹²Therefore, strengthen the hands that are weak and the knees that are feeble, ¹³and make straight paths for your feet, so the limb which is lame may not be put out of joint, but rather be healed. (NAS)

6. Believers with a “go for the gold” mindset *Recover from Injuries*

What To Do?

First—Let’s identify the injury

Second—Ask, what’s a reasonable amount of time for healing to take place . . .

Third—Let’s talk about a program of rehabilitation

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